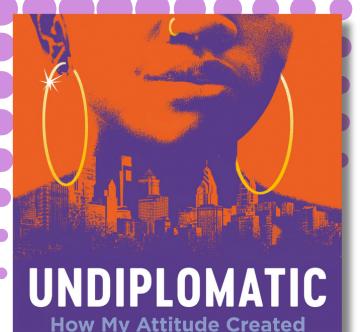


### **LEGACYLIT**

### UNDIPLOMATIC **BOOK CLUB** READING GUIDE



#### **BOOKPLATE!** In celebration of the publication of Undiplomatic, we're offering

signed bookplates to the first 50 readers who ordered the book

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**GET A BOOKPLATE!** 

**DEESHA DYER** Former White House Social Secretary

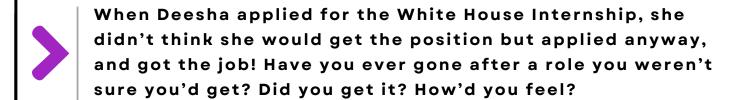
the Best Kind of Trouble

INCLUDING:

Discussion Questions

- Lessons from The White Photos
- **Exclusive Book Playlist**

# DISCUSSION QUESTIONS





In Chapter 5, Deesha says "The thing about imposter syndrome is that even when you're managing it well, possibly even fooling yourself into thinking you have overcome it, it creeps right back up when challenging or new situations arise." Why, according to Deesha, does that happen?

Change isn't just the name of the Rottweiler in Deesha's story but a major theme of the book. Aspiring (and ultimately successfully) making BIG positive change in the world was one of her driving forces - even when she felt aimless. What kind of BIG positive change do you hope make in the world?

At the end of *Undiplomatic*, Deesha again battles feelings of disappointment and reject when she doesn't land the new job she hoped for - but accepts herself as a "complicated creature of contradictions, revelations and evolution." What did that tell you about her growth over the course of the book?



A Young Deesha at her desk



Photo by Ellen Shope-Whitley



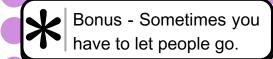
Deesha at the White House!



Deesha working with President Obana
as Social Secretary

## 8 THINGS DEESHA LEARNED AT THE WHITE HOUSE

- Always have your core family and friends closest to you. They help love on you, keep you grounded, tell you the truth, and allow you to unwind, be yourself and relax in the midst of chaos. (Michelle Obama calls this her 'kitchen cabinet'.)
- Think through all options before making a decision. We are quick to rush to a decision based on our experience or perceptions, which makes sense, but try thinking outside the box, outside the status quo in order to explore other solutions, choices or paths that may have not been obvious to you.
- When someone makes you upset or makes you feel a certain type of way that isn't good, evaluate what it is that allows you to give them access to make you feel that way? Why do they have so much power over how you see yourself?
- Worry, nerves and anxiety are a natural reaction to vulnerability.
- Allow yourself to make mistakes and be kind to yourself when you do it's the only way you'll learn.
- As hard as it is to practice, there is a time and a place for reactive outrage and defensiveness. Standing down doesn't mean giving up, it sometimes means strategizing to make the smartest decision and best move that will have the greatest impact.
- Reward, lift up and thank those with the thankless jobs the nurses, teachers, front-line workers, social workers, janitors, farmers, etc.
- It is your responsibility to help each other. We all got to where we are because someone helped us. It is our obligation and honor to pass that on.







### **UNDIPLOMATIC**

#### **Playlist**

20 Songs Listen while you read!





Jill Scott, Mos Def

**Floetic** Floetry



**The Next Movement** The Roots, DJ Jazzy Jeff, ...







Closer

Goapele



**Around The Way Girl** LL Cool J



**LISTEN HERE**